

Building Cultures of Health

healthy hints

January is National Cervical Cancer Screening Month

Cervical cancer rates are higher among women aged 40 years and older; however, precursor lesions, which can lead to cervical cancer, most often occur among young women.

Screening women using the Pap test is an important strategy that can prevent cervical cancer from developing most of the time by finding lesions at an early stage when they can be removed before they become cancer.

Free or low-cost Pap tests are available to eligible women through programs funded by the National Breast and Cervical Cancer Early Detection Program (NBCCEDP). Find out more information [below link] about cervical cancer, screening and where you can get a free or low-cost Pap test.

http://www.cdc.gov/cancer/nbccedp/bccpdfs/cc_basic.pdf

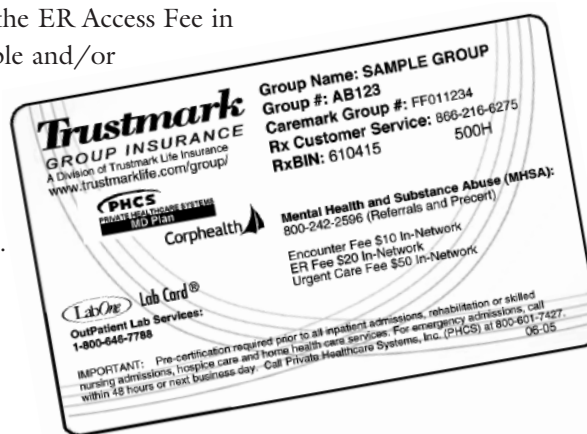
news you can use

Your Emergency Room Access Fee

When visiting an emergency room, your plan may be subject to an "ER Access Fee." To verify if your plan has an Emergency Room (ER) Access Fee, look on the front of your medical ID card. If your plan has the fee, it will be listed as "ER Fee" on the front of your card, along with the fee amount. The ER Access Fee is based on your company's medical plan with Trustmark Group Insurance.

When visiting an emergency room you will pay the ER Access Fee if you are not admitted to the hospital. The fee may be requested at the time of service or may be billed directly to you.

You are responsible for the ER Access Fee in addition to any deductible and/or coinsurance your plan may have. If you visit the emergency room and are admitted, the ER Access Fee is waived.



In-Network Benefits are Just a Click Away

Make sure you're getting the most out of your medical benefits plan by using in-network providers every time you need medical care. For an up-to-date list of in-network medical providers in your area, log on to www.trustmarkins.com/group. Select Products/Services and go to Physician/Hospital Look Up. Or to shortcut the process, add this address to your list of favorites: <http://www.trustmarkins.com/group/members/lookup.cfm>.

You can also use the telephone number or website listed on the back of your Trustmark Medical ID card.

Rx corner

Using Your Specialty Drug Benefit Through WellPoint

If you or a dependent suffers from a complex chronic illness such as hepatitis C, rheumatoid arthritis or another chronic disease, you may be required to take an injectable drug. These types of drugs are called "specialty drugs" and are available through our new specialty drug provider, CuraScript (formerly known as Priority Healthcare).

CuraScript provides drug therapies for complex illnesses. Because treatments for these diseases often rely upon biopharmaceutical injectables, traditional retail pharmacies may be unable to supply these medications due to their sensitive handling and storage needs.

If your pharmacy benefits manager is WellPoint (see the front of your medical ID card), CuraScript can

deliver specialty drugs directly to your doorstep. In addition to your medication, you can also order all your related supplies including syringes, monitoring devices, dressings, and other items necessary for your therapy.

Specialty drug orders can be placed by calling WellPoint's toll-free phone number at **(866) 841-8951**.

You can also find a listing of available specialty drugs at the Trustmark Group Insurance website at www.trustmarkins.com/group. Go to Products/Services, Prescription Drug Coverage, WellPoint and at the bottom of the page you will find a link to a list of the specialty drugs that are offered by CuraScript.