# **Pre-Treatment Certification**

## **Hospital Admissions (Including Inpatient Surgery)**

Pre-treatment Certification (Certification) requires You, Your representative or Your Physician to notify our review agency of all Hospital admissions, including maternity hospital stays (if Your policy includes the Pregnancy Expense Benefit Rider) and inpatient surgery. Pre-treatment certification of Hospital admission is not required when so confined outside of the United States.

Certification is a review process to determine the Medical Necessity of a Hospital admission or proposed surgery. A determination as to the necessary length of a Hospital stay is also made. You or Your Physician may, at any time prior to discharge, request a reevaluation or extension of the number of Hospital days certified.

### If Certification is not completed, benefits will be reduced as follows:

Additional Deductible: \$250 Per Hospitalization

Insured Percent Reduction: 10% up to \$1000 Per Hospitalization

Certification will be valid for 60 days for the requesting Physician and the named Hospital. A change in Physician or Hospital will require a new Certification.

**How to Certify**: To certify a Hospital admission or surgery, call the telephone number on Your identification card. Be prepared to give the following information:

- Insured's name, social security number and Certificate Number.
- Patient's name and date of birth
- Hospital name and address.
- Physician's name and telephone number.
- The diagnosis (what is wrong).
- The treatment (what will be done and when).

It is Your responsibility to ensure that proper Certification is made. We recommend that You follow-up with the attending Physician to ensure that all medical information is provided.

If We do not agree with the Medical Necessity of any treatment, we will pay 100% of the Usual and Customary charge for a second opinion, subject to the annual deductible. If the second opinion does not confirm the Medical Necessity of the treatment, no benefits will be payable for any expense related to the Hospital confinement, including surgical expenses.

When to Call: For routine elective admission or surgery, You must call at least 2 business days before You are admitted to the Hospital.

<u>Emergency admission</u>: An Emergency admission must be called in within 48 hours of the admission or the next business day if a weekend or holiday is involved.

Transplants: a transplant procedure must be called in before the transplant benefit period begins.

If it is not reasonably possible to make the Certification call within the times provided, payment will not be reduced if the call is made as soon as is reasonably possible.

Certification does not guarantee that proposed Hospital admissions or surgeries are covered under the Certificate. Please read the coverage provisions carefully.

#### **Transplants**

Benefits are payable only for Approved Transplant Services.

Transplant Benefits are subject to Pre-Treatment Certification. No Transplant Benefits will be paid without prior authorization. You should contact Us when a transplant has been decided, but before the donor selection process begins, to establish available benefits.

Prior authorization means You must:

- 1. Notify Us of the procedure to be performed;
- 2. Have the Physician submit a complete medical history, including current diagnosis, transplant protocol and informed consent; and
- 3. Have the Physician certify that the procedure is Medically Necessary and that alternative procedures, services or courses of treatment would not be effective.

Expenses must be incurred during the transplant benefit period. The transplant benefit period begins 5 days before the date the transplant is performed and ends 12 months thereafter. During the transplant benefit period, if a second admission is required, and a retransplant occurs, a new transplant benefit period starts 5 days before the date the retransplant is performed and ends 12 months thereafter.

A person who is authorized for a transplant procedure will be referred to a Designated Transplant Facility. If the person is denied the procedure by the Designated Transplant Facility, he will be referred to a second such facility for evaluation. If the person is denied the procedure at the second Designated Transplant Facility, no benefits will be paid for any services or supplies related to that procedure. This applies regardless of whether the procedure is performed at a third Designated Transplant Facility or at a Non-Designated Transplant Facility.

### **Treatments/Services**\*

The following services are subject to pre-treatment certification:

- 1. Inpatient Hospital, inpatient surgery, and
- 2. Organ and bone marrow transplant, and
- 3. Home Health Care, and
- 4. Physical, occupational, or speech therapy, and
- 5. Home infusion therapy including chemotherapy, and
- 6. Hospice, and
- 7. Acute inpatient rehabilitation stays, and
- 8. Long-term acute rehabilitation, and
- 9. Sub-acute inpatient medical and rehabilitation, and
- 10. Skilled nursing stays, and

<sup>\*</sup> Additional treatments and services subject to pre-treatment certification pursuant to amendment TM5-PC.0906 S (D) TN. The pre-treatment certification requirements and penalties listed in Your Policy/Certificate and/or schedule of benefits still apply to the services originally subject to pre-treatment certification (included above).

- 11. Inpatient mental illness, nervous disorders, alcohol abuse, and chemical abuse, and
- 12. Radiation therapy, and
- 13. Dialysis, and
- 14. Private duty and skilled nursing, and
- 15. Diagnostic imaging tests, including new technology, but not limited to, Magnetic Resonance Imaging (MRI). Positron Emission Tomography (PET), Computerized Tomography (CAT) Scans, and Single Proton Emission Computerized Tomography (SPECT). Standard/routine x-rays such as, but not limited to, chest x-ray, ultrasound, mammography are not included.

If pre-treatment certification is not completed for the above services, benefits will be reduced as follows:

Additional deductible: \$300 per service, per occurrence Insured percent reduction: 10% up to a \$1000 per occurrence

Pre-treatment certification will be valid for 60 days for the requesting Physician and the named health care facility. A change in either Physician or health care facility will require a new pre-treatment certification.

**How to Certify**: To certify a service, call the telephone number on Your identification card. Be prepared to give the following information:

- Insured's name, social security number and Certificate Number.
- Patient's name and date of birth
- Provider name and address.
- Physician's name and telephone number.
- The diagnosis (what is wrong).
- The treatment (what will be done and when).

When to Call: For routine elective treatment or services, You must call at least 2 business days before You are treated.

<u>Emergency treatment or service</u>: An Emergency treatment or service must be called in within 48 hours of the treatment or service or the next business day if a weekend or holiday is involved.

<u>Transplants</u>: a transplant procedure must be called in before the transplant benefit period begins.

If it is not reasonably possible to make the Certification call within the times provided, payment will not be reduced if the call is made as soon as is reasonably possible.

Certification does not guarantee that proposed treatments or services are covered under the Certificate. Please read the coverage provisions carefully.